

# Support for Teenagers Displaying Abusive Behaviours in Intimate Relationships



**We support young people to recognise their abusive behaviours and act to address these and build healthy relationships in the future.**

Domestic abuse in intimate relationships can start at a young age. Young people can experience the same forms of abuse in relationships as adults.

Our specialist programmes of support combine assessment of risk with appropriate support and safety plans to prevent abusive behaviours from escalating.

**For more information visit our website  
or email [info@idas.org.uk](mailto:info@idas.org.uk)**

**[idas.org.uk](https://idas.org.uk)**

IDAS (Independent Domestic Abuse Services) is a registered charity in England and Wales Number: 1102337. Company Number: 4984337









**Surveys reveal that approximately 40% of young people experience relationship abuse in their teenage years and nearly 75% of girls and 50% of boys have reported some sort of partner abuse.**

We can support people whatever sexual orientation or gender identity. Our support is free and non-judgemental.

### **Signs of abusive behaviours in intimate relationships:**

There are many different types of abuse. Not all relationship abuse is physical and abusive relationships might not be bad all the time. Here are some warning signs of abusive behaviours:

-  Controlling what their partner does and who they see.
-  Preventing their partner from seeing friends or family.
-  Checking up on them and monitoring their movements.
-  Blaming their partner for how they feel and expecting their partner to change to make them feel better.
-  Extreme jealousy.
-  Pushing, hurting or restraining their partner.

**Contact us for more information on 03000 110 110  
or email [info@idas.org.uk](mailto:info@idas.org.uk)**