



# City of York & North Yorkshire Domestic Abuse Training

## Safe lives, free from abuse & violence

IDAS (Independent Domestic Abuse Services) is a leading specialist charity supporting anyone subjected to domestic abuse or sexual violence. The following training courses have been jointly commissioned by North Yorkshire County Council and City of York Council, therefore are specific to professionals working within the North Yorkshire and City of York areas.

### **Domestic abuse signs, indicators, DASH and MARAC**

Join IDAS for this full day virtual training session. We will explore the signs and indicators of domestic abuse and referral pathways in the morning, and the DASH (Domestic Abuse, Stalking, Harassment and Honour Based Violence) Risk Assessment, and the MARAC (Multi Agency Risk Assessment Conference) process in the afternoon.

### **Supporting older victims of domestic abuse**

Older people are often hidden victims of domestic abuse, with many having no contact with any services and experiencing additional barriers to accessing support. This half-day course will explore the complexities and challenges as well as the importance of adopting a tailored approach. We will also cover referral pathways and the range of support available.

### **Substance Misuse and Domestic Abuse**

Substance misuse and domestic abuse often intersect. This half-day training course looks at the complexities around supporting and safeguarding people where there is substance misuse and ensuring the right support is available.

### **Trauma and how it affects Domestic Abuse victims**

This 2 hour course will provide you with increased knowledge around trauma and its link to the experiences of domestic abuse victims. Through an interactive programme you will begin to understand how victims can be affected by trauma and in turn how this will affect their future experiences as well as their engagement and presentation with professionals.

### **Supporting young people and domestic abuse**

Join IDAS for a half day, virtual training session looking at young people's experiences with, and the impacts of, domestic abuse. You will explore some of the myths regarding young people and domestic abuse, the risks of domestic abuse and so called 'toxic' relationships, and how to effectively support young people.

**For full details visit:**

**[IDAS Online Training Courses](#)**

**Please email [training@idas.org.uk](mailto:training@idas.org.uk) for further information.**

**[idas.org.uk](https://www.idas.org.uk)**

IDAS (Independent Domestic Abuse Services) is a registered charity in England and Wales Number: 1102337. Company Number: 4984337



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## Safe lives, free from abuse & violence

Our training has been developed by experts, informed by over 40 years of practice, providing specialist support to thousands of victims and survivors of domestic abuse and sexual violence. Our team of expert trainers have created innovative and interactive training courses to improve the response to and safeguarding of victims of domestic abuse and their children.

### **Coercive control workshop**

Gain an understanding of the dynamics and risks associated with coercive and controlling behaviour. You will look at the legal definition, case studies and signs and indicators, to be able to spot the warning signs and understand the impacts on victims and their children.

### **Supporting male victims of domestic abuse**

Join IDAS for a half day, virtual training session focussing on the particular needs and experiences of male victims of domestic abuse. You will consider experiences of male victims of domestic abuse, the additional challenges faced by male victims of domestic abuse, how to effectively respond to male victims and signpost for support.

### **Safeguarding children and domestic abuse**

Join IDAS for a full day, virtual training session to raise your awareness and understanding of safeguarding children in a domestic abuse context. We will discuss the legal frameworks, including the provisions in the DA Act, research and evidence and effective safeguarding measures and procedures.

### **Supporting LGBTQ+ people impacted by domestic abuse**

LGBTQ+ people may experience additional barriers accessing support and face forms of domestic abuse that target their sexual orientation or gender identity. This practice informed training will help support you in your response to LGBTQ+ people impacted by domestic abuse.

### **Supporting people with mental health and domestic abuse**

Join IDAS for a half day, virtual training session which provides an introduction to mental health and domestic abuse. We will look at the barriers our clients face and how we can overcome these challenges and effectively support them with their mental health difficulties. We will explore questioning techniques, the guidance and our responsibilities for recording.

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