

We work with young people across North Yorkshire aged 10-19 and up to 24 with SEND who need specialist support around drug and alcohol use.

## We offer:-

- Structured support to stop or reduce drug or alcohol use
- Support to improve health and well-being (including sexual health support and smoking cessation)
- Education and advice around drugs and alcohol
- Support family members of young people working with NY Rise and offer onward referrals when needed
- We can also provide guidance to schools, colleges and other professionals around referral processes and eligibility



We are excited to let you know that after consultation with young people across North Yorkshire, the Young People's Drug and Alcohol Service delivered by Humankind has been rebranded to NY Rise.

We are an outreach based service, we see young people in their own communities at a place which is comfortable for them.

To make a referral or to discuss how we can work together please contact us via the contact details below:-

Telephone: **01723 330730** (option 2) Freephone: **08000 141480** (option 2)

Email: NYYP.admin@Humankindcharity.org.uk

