

About YoungMinds training:

We deliver training to over 10,000 professionals each year and our expert trainer consultants will give participants the practical skills to support the young people they work with. All training sessions will be delivered online via Zoom for a maximum of 50 participants per webinar and 20 participants per training course.

Please use the Eventbrite links below to secure your spot:

Date	Course	Times	Outline	Booking link
Thu 23 May 2024	1-hr webinar for Trusted Adults supporting young people in the community (online training)	1:00pm-2:00pm on Zoom	This webinar is designed for adults who may be supporting young people, formally or informally, in the community to understand the importance of their role in young people's mental health. It is also designed to help them reflect on what they do and identify potential actions they could take to support young people further.	Use this link if you work in NORTH YORKSHIRE Use this link if you work in YORK
Wed 5 June 2024	Introduction to adolescent mental health (online training)	10:00am-1:30pm on Zoom	This foundational course will help participants understand the processes involved in adolescence and how the transition from childhood to adulthood can impact the emotional wellbeing of young people.	Use this link if you work in NORTH YORKSHIRE Use this link if you work in YORK
Tues 11 June 2024	Involving young people facing marginalisation and barriers (online training)	1:00pm-4:30pm on Zoom	Participants explore how marginalisation and barriers can affect young people and their experience of mental health services and how participation can help improve both.	Use this link if you work in NORTH YORKSHIRE Use this link if you work in YORK
Thu 13 June 2024	1-hr webinar for Trusted Adults supporting young people in the community (online training)	1:00pm-2:00pm on Zoom	This webinar is designed for adults who may be supporting young people, formally or informally, in the community to understand the importance of their role in young people's mental health. It is also designed to help them reflect on what they do and identify potential actions they could take to support young people further.	Use this link if you work in NORTH YORKSHIRE Use this link if you work in YORK
Wed 19 June 2024	Introduction to adolescent mental health (online training)	1:00pm-4:30pm on Zoom	This foundational course will help participants understand the processes involved in adolescence and how the transition from childhood to adulthood can impact the emotional wellbeing of young people.	Use this link if you work in NORTH YORKSHIRE Use this link if you work in YORK
Tues 25 June 2024	Involving young people facing marginalisation and barriers (online training)	10:00am-1:30pm on Zoom	Participants explore how marginalisation and barriers can affect young people and their experience of mental health services and how participation can help improve both.	Use this link if you work in NORTH YORKSHIRE Use this link if you work in YORK

If you have any questions about the training or booking system, please contact marcella.verdi@youngminds.org.uk

Who are YoungMinds?

We're the UK's leading charity fighting for children and young people's mental health.

We want to see a world where no young person feels alone with their mental health, and all young people get the mental health support they need, when they need it, no matter what.

Find out more about who we are, the work we're doing and what we're trying to achieve by visiting <https://www.youngminds.org.uk/>